

GOOD HYGIENE IS IN YOUR HANDS.

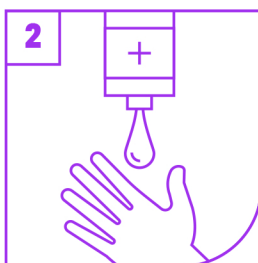
Hands are the main pathways of germ transmission.
Wash your hands for at least 30 seconds with soap
and water and stop the spread of germs and bacteria.

**WASH YOUR HANDS.
STOP THE SPREAD.
STAY HEALTHY.**

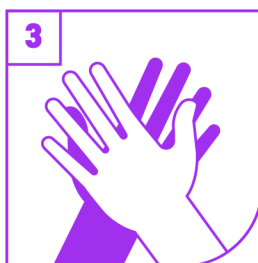
**HELP
STOP THE
SPREAD**
AND STAY HEALTHY



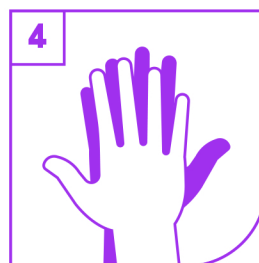
WET HANDS



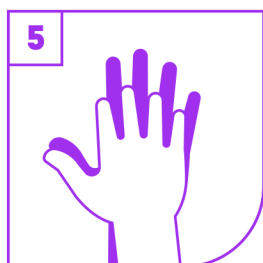
APPLY SOAP



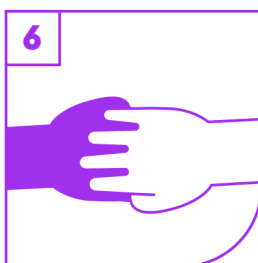
PALM TO PALM



PALM OVER DORSUM



FINGERS INTERLACED



BACKS OF FINGERS



THUMBS



FINGERNAILS



RINSE HANDS



USE PAPER TOWEL



USE TOWEL TO
TURN OFF FAUCET



YOUR HANDS ARE SAFE